

LTP 2023-24	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Health/Fitness (ABC's) Invasion Activities (Tag/Attacking/ Defending/Tactics)	Invasion Games (Handball) Dance	Gymnastics <ul style="list-style-type: none"> • Locomotion • Balance • Shapes Invasion Activities (Tag/Attacking/ Defending/Tactics)	Invasion Games (Basketball)	Striking & Fielding Athletics	Striking & Fielding Net and Wall Invasion Games
Year 4	Health/Fitness (ABC's) Invasion Activities (Tag/Attacking/ Defending/Tactics) *Swimming	Invasion Games (Handball) Dance *Swimming	Gymnastics <ul style="list-style-type: none"> • ABC's • Balances • Rolling Invasion Activities (Tag/Attacking/ Defending/Tactics)	Invasion Games (Basketball)	Striking & Fielding Athletics	Striking & Fielding Net and Wall Invasion Games
Year 5	Health/Fitness (Circuits) Invasion Activities (Tag/Attacking/ Defending/Tactics)	Invasion Games (Handball) Dance	Gymnastics <ul style="list-style-type: none"> • Jumping & Landing • Group Balances • Rolling/Shapes Invasion Games (Basketball) *Swimming	Invasion Games (Basketball) *Swimming	Striking & Fielding Athletics	Striking & Fielding Net and Wall Invasion Games

<p>Year 6</p>	<p>Health/Fitness (Circuits)</p> <p>Invasion Activities (Tag/Attacking/ Defending/Tactics)</p>	<p>Invasion Games (Handball)</p> <p>Dance</p>	<p>Gymnastics</p> <ul style="list-style-type: none"> • Group/Counter Balances • Rolling, Tumbling, Cartwheels • Dismounting/Vaulting • Sequencing <p>Invasion Games (Basketball)</p>	<p>Invasion Games (Basketball)</p>	<p>Striking & Fielding</p> <p>Athletics</p>	<p>Striking & Fielding</p> <p>Net and Wall</p> <p>Invasion Games</p>
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